

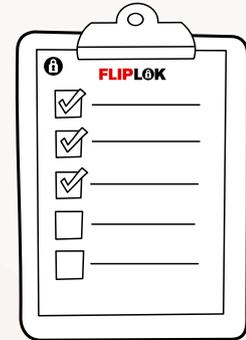
Simple Safety Checklist

PARENT QUICK SETUP:

USE THIS: DURING CAR RIDES, BEFORE SCHOOL, OR AFTER ACTIVITIES

PICK: 2 QUESTIONS A DAY

PRACTICE IN CALM MOMENTS SO KIDS RESPOND CONFIDENTLY WHEN IT MATTERS.



QUESTIONS TO HELP KIDS THINK ABOUT SAFETY:



- DOES THIS PLACE FEEL SAFE, OR IS IT ACTUALLY SAFE?
- WHAT MAKES YOU FEEL COMFORTABLE HERE?
- WHAT RULES HELP KEEP PEOPLE SAFE IN THIS SITUATION?
- WHO IS IN CHARGE IF SOMETHING GOES WRONG?
- WHERE COULD YOU GO IF YOU NEEDED HELP QUICKLY?

PRACTICE QUESTIONS FOR REAL LIFE:

- IF SOMETHING FEELS CONFUSING OR WRONG, WHO CAN YOU TELL RIGHT AWAY
- WHAT SHOULD YOU DO IF AN ADULT ASKS YOU TO BREAK A RULE?
- WHAT SHOULD YOU DO IF YOU FEEL PRESSURED TO KEEP A SECRET?
- HOW CAN YOU LEAVE A SITUATION SAFELY IF YOU FEEL UNCOMFORTABLE?
- WHO ARE THE TRUSTED ADULTS YOU CAN GO TO AT SCHOOL OR AT HOME?



SIMPLE SAFETY REMINDERS FOR KIDS



- TRUST YOUR FEELINGS, BUT ALSO THINK BEFORE ACTING.
- YOU ARE ALLOWED TO SAY NO, EVEN TO ADULTS.
- SAFE ADULTS DO NOT ASK KIDS TO KEEP UNSAFE SECRETS.
- IF SOMETHING FEELS WRONG, GET HELP RIGHT AWAY.
- SAFETY IS ABOUT AWARENESS, NOT FEAR.